TIPS FOR PARENTS: GOING OUT CHECKLIST

Heading out for some family fun at an amusement park, movie theater, mall or any other public place? Use this checklist to make your outing safer.

- **REVIEW THE KIDSMARTZ RULES**
  - Make sure your children understand the basic rules of safety – check first before going anywhere; take a friend everywhere you go; tell people “NO” if they try to touch or hurt you; and tell a trusted adult if anyone makes you feel sad, scared or confused.

- **PLAN FOR EMERGENCIES**
  - Look at a map of the facilities and locate information booths or customer service centers.
  - Carry recent pictures of your children in case they get lost. You can even take a picture of them on your cellphone just before leaving.

- **CHARGE YOUR CELLPHONE**
  - Check that your cellphone is charged and your children have the number memorized.
  - Consider giving older children a cellphone of their own so you can reach them more easily.

- **PAY ATTENTION TO CLOTHING**
  - Remember what your children are wearing so you can describe their clothing to staff members in case they are lost.
  - Tip: If your children are wearing bright colors, they will be easier to spot in crowds.

- **IDENTIFY ADULTS WHO CAN HELP**
  - Teach younger children to look for people like security officers, store employees or park staff members who can help them look for you in case you are separated.

- **CHOOSE A MEETING SPOT**
  - Instruct older children to go directly to a designated spot, like a store or an information booth, to meet you. They should never leave or go to the parking lot to try and find you.

- **PLAN FOR BATHROOM BREAKS**
  - You should always go with younger children to the restroom. Make sure older children take a friend; it’s safer than going alone.